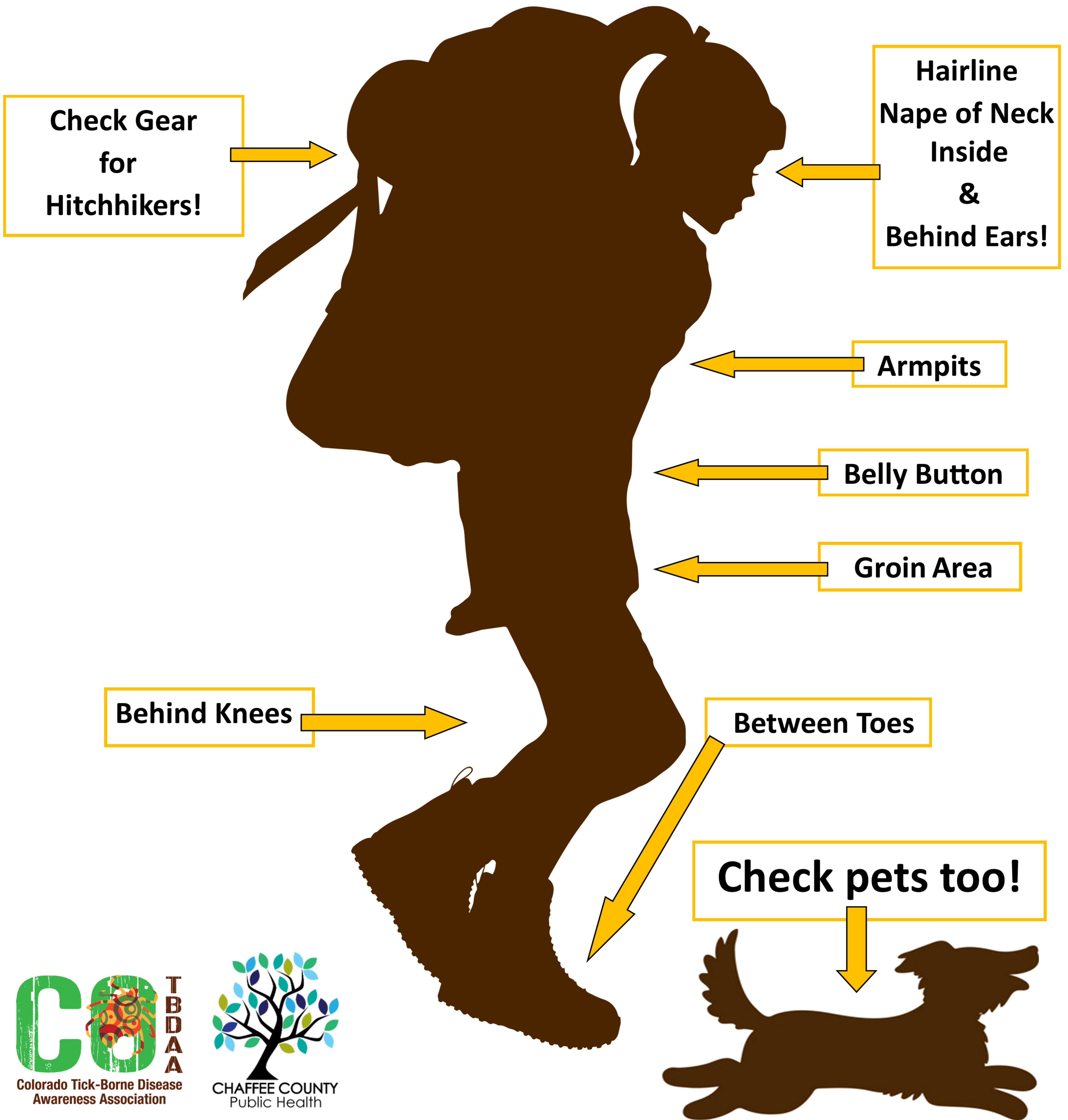


Is there a tick on you?

Do a TICK CHECK!



www.coloradoticks.org

Is there a tick on you?

Do a TICK CHECK!

Check Gear

Hairline
Nape of Neck
Inside
&
Behind Ears!

Armpits

Belly Button

Groin Area

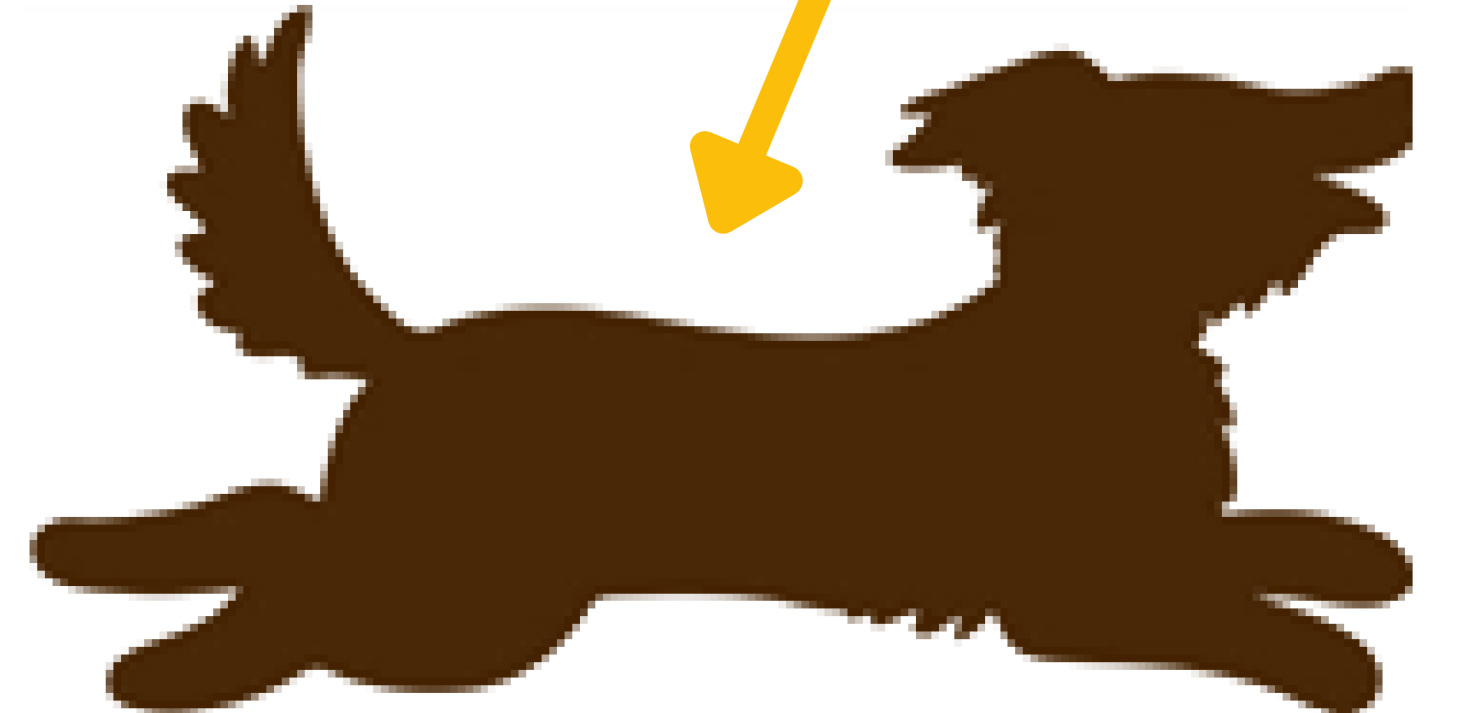
Behind Knees

Between Toes

Check Pets Too!



www.coloradoticks.org



¿Tienes una garrapata?

¡Haz una Comprobación
DE GARRAPATAS!

Revisa el equipor

Rayita
Nuca de la nuca
Adentro
&
¡Detrás de las orejas!

Axilas

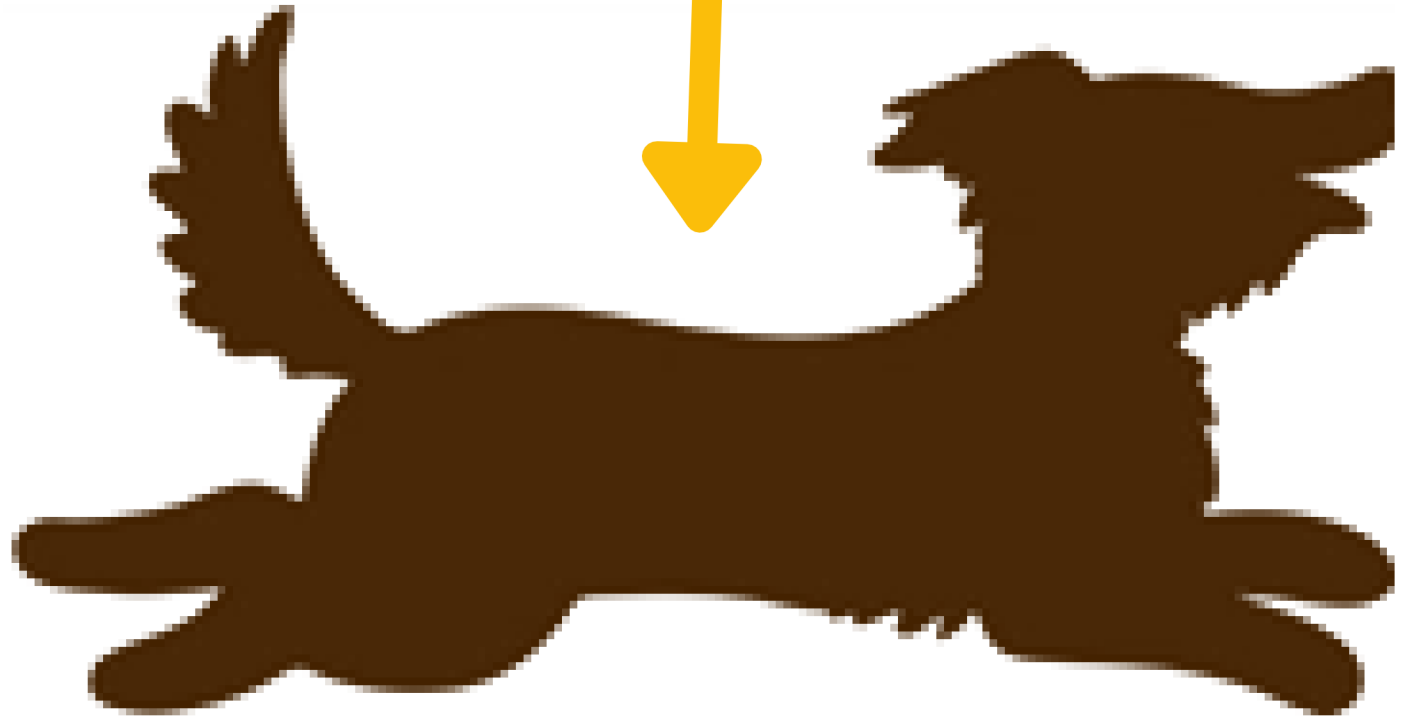
Ombliigo

Área de la ingle

Detrás de las rodillas

Entre los dedos de los pies

¡Revisa también a las mascotas!



Colorado Tick Check!

Tick-Borne Disease Prevention
www.coloradoticks.org



Why?

- Ticks can transmit multiple germs/substances that cause illness, including Lyme disease. The best way to avoid tick-borne diseases/conditions is to *PREVENT* a tick bite!



Prevention Tac-"Ticks"

- Know your surroundings
- Wear permethrin treated clothing & gear
- Use repellants effective against ticks on exposed skin
- Tuck shirts into pants & pants into socks
- Stick to the center of trails away from tall grass & brush



Check for Ticks!

- Do tick checks after spending time outdoors in tick habitats. Check kids, pets and gear too!
- Shower soon after returning indoors
- Place outdoor exposed clothing directly into dryer on high heat to kill ticks that may be clinging



Proper Tick Removal

- Remove ticks promptly!
- Use fine nosed (pointy) tweezers, grasp tick close to skin, pull straight up with steady motion
- Place tick in airtight container
- Sanitize bite area, tweezers and hands
- Consider sending tick in for ID & testing

